



## **Alabama Cravings: The Most Requested Recipes from Alabama Restaurants Past & Present**

By: Martie Duncan

### **ABOUT ALABAMA CRAVINGS**

Alabama's own Food Network Star Martie Duncan traveled nearly 5,000 miles, sampled over 400 dishes, drinks, and desserts, and visited 62 different Alabama counties to compile *Alabama Cravings*, a follow-up to her award-winning cookbook, *Magic City Cravings*, published in 2017.

*Alabama Cravings* includes 97 recipes from restaurants around Alabama including a recipe from Birmingham's Highlands Bar and Grill, winner of the 2018 James Beard Foundation Restaurant of the Year award.

The book also includes a "gone but not forgotten" section with recipes from popular Alabama restaurants which have closed.

Martie's road trip and the book were made possible by the Alabama Natural Gas Association.

### **RECIPES**

Martie went out in search of the most requested recipes from her family, friends, and fans of her previous books. There are 97 recipes in 7 different categories.

**Recipes include: Lucy Buffett's Famous Seafood Gumbo, LuLu's L.A. (Lower Alabama) Caviar, Chef Chris Hastings' Hot and Hot Tomato Salad, Big Bob Gibson Bar-B-Que Original Alabama White Sauce, Alabama Lane Cake** from Chef Jim Smith, **Cast-Iron Skillet Fried Chicken** from Dyron's Lowcountry in Birmingham, the legendary **Hush Puppies** from Ezell's Fish Camp in Lavaca, **Black Bottom Pie** from Mrs. Betty Kennedy at Gaines Ridge Dinner Club in Camden, **Chicken Fried Bacon** from Chef David Bancroft at Acre in Auburn, **Chocolate Bourbon Pecan Pie** from Chef James Boyce's Commerce Kitchen in Huntsville, the unofficial state drink of Alabama, the **Bushwacker** from the Flora-Bama, **Half Moon Cookies** from Full Moon Bar-B-Que, Niki's West **Banana Pudding, Coconut Shrimp** from King Neptune's and Ms. Dolester Miles' iconic **Coconut Pecan Cake** from Chef Frank Stitt's Bottega and Bottega Café restaurants are just a few of the recipes in the book.

## **FAMOUS FOLKS CRAVE**

Some of Alabama's most famous sons and daughters provided essays, quotes, and quips about their favorite Alabama food cravings or memories including: Governor Kay Ivey, Mark Childress, Winston Groom, Rick Bragg, fashion designer Billy Reid, Bo Jackson, music icons Chuck Leavell, Mac McAnally, Spooner Oldham, and David Hood, Lucy Buffett, comedian Roy Wood, Jr., and others.

## **UNIQUE FEATURES**

A watercolor map of Alabama with Martie's road trip cities was created by Montgomery artist Caroline Ward Sayre.

Martie created a road trip playlist of 30 of her favorite songs with Alabama roots from *Mustang Sally*, recorded at FAME Studios by Wilson Pickett to country #1 'Done' recorded by Mobile's The Band Perry, written by Birmingham songwriters John Davidson and Jacob Bryant.

## **WHERE TO GET IT**

Alabama Cravings is available at participating restaurants as well as bookstores around Alabama including Barnes & Noble and Books-a-Million stores. The book is also available on Amazon.com A list of retail outlets can be found on [AlabamaCravings.com](http://AlabamaCravings.com) and [MartieDuncan.com](http://MartieDuncan.com).

## **ABOUT MARTIE DUNCAN**

Author, cook, and entrepreneur Martie Duncan represented home cooks everywhere as runner-up on Season 8 of the popular television cooking show, *Food Network Star*. Martie recently won an episode of Food Network's Guy's Grocery Games with her Food Network Star teammate Justin Warner. Her website, [MartieDuncan.com](http://MartieDuncan.com), showcases her easy recipes and fun ideas for affordable entertaining at home. More info: [MartieDuncan.com](http://MartieDuncan.com)

## **ABOUT THE ALABAMA NATURAL GAS ASSOCIATION**

The Alabama Natural Gas Association (ANGA) is a volunteer, non-profit organization incorporated 1966. ANGA is dedicated to upholding the highest industry standards of safety and customer service through conferences, schools and programs which inform and train personnel of the natural gas industry. The organization's secondary mission is to educate the public about the benefits of living with natural gas. More info: [alnga.org](http://alnga.org)



## **CONNECT**

WEBSITE: [AlabamaCravings.com](http://AlabamaCravings.com)

SOCIAL: @AlabamaCravings on Facebook and Instagram

EMAIL: [info@alabamacravings.com](mailto:info@alabamacravings.com)

PRESS: Jodie Perry 312.953.4451